



LEARNING  
BY DOING



# BUILD THE BASICS PROGRAM

OF THE TRANSLATIONAL EDUCATION PROGRAMS

Join our high quality educational program to learn the methods of translational medicine.



tmalapitvany



TMFoundationHQ



transmedkozpont

TM-CENTRE.ORG

SEMMELWEIS UNIVERSITY  
CENTRE FOR TRANSLATIONAL MEDICINE

# PROGRAM SUMMARY

## BASIC INFORMATION ABOUT THE PROGRAM

### WHAT WE'RE OFFERING:

- Perform healthcare delivery science
- Understand the basics of the main modern clinical scientific methodologies
- Scientific English language skills
- Improved presentation and communication skills
- Possibility to continue with our [PHD PROGRAM](#)

MAY  
26

Deadline for  
application

JUN  
12-16

Interview  
period

JUN  
30

Acceptance by

JUL  
28

Program fee  
payment by

AUG  
28

Start of the  
program

### COURSE DIRECTOR

[Péter Hegyi](#), MD, PhD, DSc, MAE

### ORGANISERS

The GATE PROGRAM is organized jointly by the [Centre for Translational Medicine](#), Semmelweis University and the Translational Medicine Foundation.

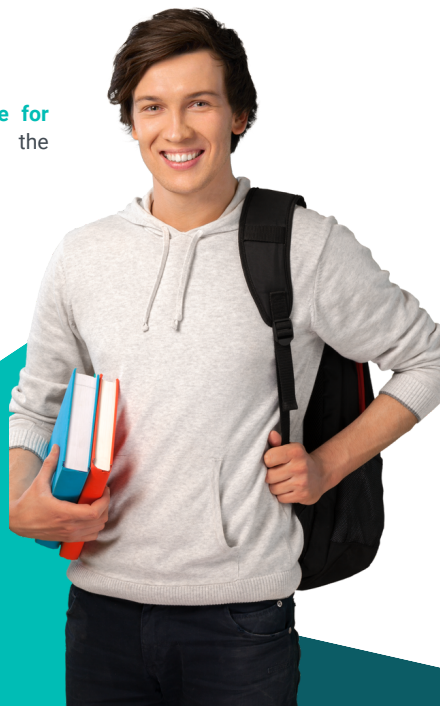
### TUITION FEES

- program with no English course: **10000 €** / year
- program with Threshold English course: **15000 €** / year
- program with Breakthrough English course **30000 €** / year

Application fee: **75 €** / person or **750 €** / group



FOR MORE INFORMATION,  
PLEASE VISIT OUR WEBSITE



# WHO WE ARE

## ABOUT OUR INSTITUTE



### SEMMELWEIS UNIVERSITY

Semmelweis University's history started more than 250 years ago in 1769. Today SU is one of the leading institutions of higher education in Hungary and the Central European Region in the field of medicine and health sciences. At SU, our core commitment is based on the integrity of education, research and medicine that makes the University an internationally recognised centre of excellence.

### TRANSLATIONAL MEDICINE FOUNDATION

The Translational Medicine Foundation was established in 2016 to

- a) promote the practical application of scientific results and innovations in health care
- b) stimulate and unify the exchange of information and data flow between universities, hospitals and research centres, and to help their quality control, which can significantly improve the quality of multicenter research projects and reduce the amount of resources needed for research projects
- c) help all members of the population (including healthy individuals, patients, doctors, etc.) to understand and implement evidence-based knowledge in everyday life through various platforms (web, printed materials, videos, etc.)
- d) participate in the organization of conferences and trainings, in procuring research-related services and in providing financial aid in the search and selection of human resources





# THE HISTORY

## OF TRANSLATIONAL MEDICINE IN HUNGARY

The Translational Medicine (TM) “learning by doing” education model was launched in Hungary in 2016 under the leadership of Péter Hegyi, who is the course director of this uniquely developed **PHD PROGRAM**. In the past five years, almost 50 PhD students and residents have participated in our programs. In this period, more than 300 high quality publications have been published through scientific research and translational patient care initiated and supported by the Translational Medicine Foundation, the University of Pécs, the University of Szeged and the Semmelweis University (*Nature Medicine*). The results have made it possible to develop and supplement a number of treatment guidelines and to immediately apply scientific results in patient care. The results have made it possible to develop and supplement a number of treatment guidelines and to immediately apply scientific results in patient care.

**Semmelweis University** aims to rank among the best universities in the world and recognized the importance and the high potential in the translational medicine. Therefore, in 2021 this programme was invited to function in a much bigger scale than before, now under the umbrella of Semmelweis University. As a results, the training at SU already enrolled more than 160 PhD students, and almost 100 undergraduate research students.

**FIND MORE INFORMATION ABOUT THE CENTRE  
FOR TRANSLATIONAL MEDICINE HERE**



# THE IMPORTANCE OF TRANSLATIONAL MEDICINE

The major goal of TM is to turn scientific results for community benefits. Why is this necessary? It is very simple: we currently use scientific findings in everyday medicine with very poor efficiency. The European Statistical Office of the European Commission has recently reported that 1.7 million people under 75 years of age died in Europe in 2016, with around 1.2 million of those deaths being avoidable through effective primary prevention and public health intervention. Therefore, Academia Europaea, one of the five Pan-European networks that form SAPEA (Science Advice for Policy by European Academies), a key element of the European Commission's Scientific Advice Mechanism (SAM), has launched a project in 2018 to develop a model to facilitate and accelerate the utilisation of scientific knowledge for public and community benefit. During the process, leaders in the field, including prominent basic and clinical researchers, editors-in-chief of high-impact journals publishing translational research articles, TM centre leaders, media representatives, academics and university leaders, developed the TM cycle, a new model that we believe could significantly advance the development of TM. This model focuses equally on the acquisition of new scientific results healthcare, understandable and digestible summation of results, and their communication to all participants. The authors, including senior officers of Academia Europaea, produced an important paper to serve as a basis for revising thinking on TM with the end result of enabling more efficient and cost-effective healthcare.



YOU CAN FIND FURTHER INFORMATION  
ON OUR YOUTUBE CHANEL AS WELL



# BUILD THE BASICS PROGRAM

## WHAT WE OFFER

Ideal for those whose English skills range from zero to A2/B1. Please check the detailed description of language levels [here](#).

The **BUILD THE BASICS** program will focus on language teaching, with several hours of tuition each day provided by the Department of Languages for Specific Purposes. In addition, Build The Basics program students will participate as project students in the 1st year Ph.D. students' projects. They are also allowed to participate in the courses for the 1st year Ph.D. students. At the end of the year, an English language exam and a scientific report are required from the students. Those who complete the program and pass the exam will be automatically admitted to the **EXPERT** or **Ph.D.** program.

On the other hand, the **BUILD THE BASICS** covers all aspects of the Translational Medicine Cycle. The program helps students to become critical consumers of medical research papers, to gather primary data on health issues through questioning and observation, and to conduct biomedical research. Students will gain an understanding of the planning of clinical research, including systematic reviews, patient registries and clinical trials, by designing an extended project in study groups, which are led by experienced members of the Translational Medicine Centre.

## THE EXPERT PROGRAM FOCUSES ON THE MAIN MODERN HEALTHCARE DELIVERY SCIENTIFIC METHODOLOGIES OF TM:

**1. Systematic reviews and meta-analysis** – we aim to introduce the essentials of meta-analyses, focusing on their role in the evidence-based medicine and the main steps leading to a meta-analysis. Questions will cover key topics, such as how to design systematic search strategies, how to read forest plots, and how to assess the validity of the findings. By attending the series of lectures, participants will learn how to read, understand, and conduct meta-analyses.

**2. Patient registries** – in this part we aim to introduce patient registries with their role in science, focusing on practical questions. Topics will embrace the entire process from planning a registry to publication. The general built of a registry, the role of the patient registry coordinator and the contributors in the phase of registry development will be discussed. The course will include presentations on the IT background, details on how to develop an electronic case report form, data management, ethical approval, and other roles, such as biostatisticians and clinical research administrators.



**3. Clinical trials** – this part of the school aims to overview the main features of experimental study designs and their role in science, focusing on practical questions. Topics will embrace the entire process from study planning to conclusions from result. Questions will cover key topics, such as the identification of study designs, the role of randomization, the effects of bias, and the judgement of cause-effect relationship.

**4. Biostatistics** - aim of this lecture is to make the participants familiar with the basics of statistical methods used in the medical/biological sciences. Furthermore, to help the participants to interpret the results of statistical analysis more easily and to recognize possible biases in scientific literature. The lecture introduces the most commonly used statistical methods, thus the participants get acquainted with the most important elements of descriptive statistics, basic principles of hypothesis testing, parametric and non-parametric statistical methods and risks of decision errors. Furthermore, topics such as survival analysis, adaptation of questionnaires, sensitivity and specificity of diagnostic tests, and Receiver Operating Characteristic (ROC) Curve analysis will also be covered during the course.

**5. Clinical pharmacology** - The course will cover the fundamentals of clinical pharmacology as a translational scientific discipline focused on rational drug development and utilization in therapeutics. The course focuses on the following core principles of pharmacology: pharmacokinetics, pharmacodynamics and toxicology; drug discovery and development and clinical study protocol design. Furthermore, the course will cover advanced clinical trial concepts like medical device development, advanced therapeutical medicinal products (e.g. gene therapy), clinical trial and software development in clinical trials, and basics of pharmacovigilance. This course intends to complement the other courses of the translational research teaching program so that participants will have a broad and in-depth overview of the mainstream methodologies of clinical research.

## **CTM STAFF - INTERDISCIPLINARY RESEARCH SUPPORT**

Our centre provides the help of an interdisciplinary research support team to support the work of researchers and Ph.D. students. Continuous support is provided in a weekly basis during the so called group meetings and project meetings. Additional support can be requested from the other members of the team.



#### CONTINUOUS SUPPORT IS OFFERED BY:

1. An **Expert Discussant** is appointed for each group. She/He is a highly experienced physician-scientist who provides help from the design of the study until the publication. She/He helps the students (1) to polish their projects, (2) to find the big picture and (3) challenges them week after week.
2. The **group leaders** are experienced physician-scientists who are well known representatives of the given field and have a record of high level research productivity.
3. The **supervisor** of each fellow is senior clinicians (expert) who raises relevant clinical questions, determines the direction of the research and bridges the gap between the theoretical and clinical work in the clinical PhD program. These tutors continuously lead the research work of the fellows during the whole program.
4. **Scientific methodology supervisors** (SMS) are a methodologist who has experience in designing and carrying out translational research projects and provides methodological support in various aspects of science including meta-analyses, patient registries, and clinical trials.
5. **Science methodology advisor and expert** (SMA and SME) are highly experienced methodologists who are responsible for the development of the learning material, for the SMS group, and provide the coordination for the different scientific methods, e.g. meta-analysis coordinator
6. **Biostatisticians** are appointed to each group to provide valuable help for the statistical work of the project.



### ADDITIONAL SUPPORT:

**1. Educational supervisors** are expert in the various fields taught through courses to the fellows. Such courses include meta-analysis, patient registry, clinical trial, biostatistics, data handling and clinical pharmacology. Statisticians are appointed to each group to provide valuable help for the statistical work of the project.

**2. IT team** continuously provides help in the development of the electronic case report forms. In addition, they will help with the testing of the electronic interface and ensures the coordination of maintenance.

**3. Ethical coordinator** helps with the process of ethical licensing, obtaining, preparing and submitting the documentation required for ethical approval to the relevant authorities. Consultation with the principal investigator during the process.

**4. Soft skill trainers** provide education regarding the art of scientific communication and networking.

### ADDITIONAL ACTIVITIES

Three clubs were founded to provide students the chance to relax after meetings. Sport, Art and Social clubs organise different activities based on different interests. The sport club organises weekly running, swimming and squash, while the art club offers programs, like concerts, exhibitions. Occasionally there are different themed social evenings organised by our social club.

### OUTCOMES OF THE TRAINING

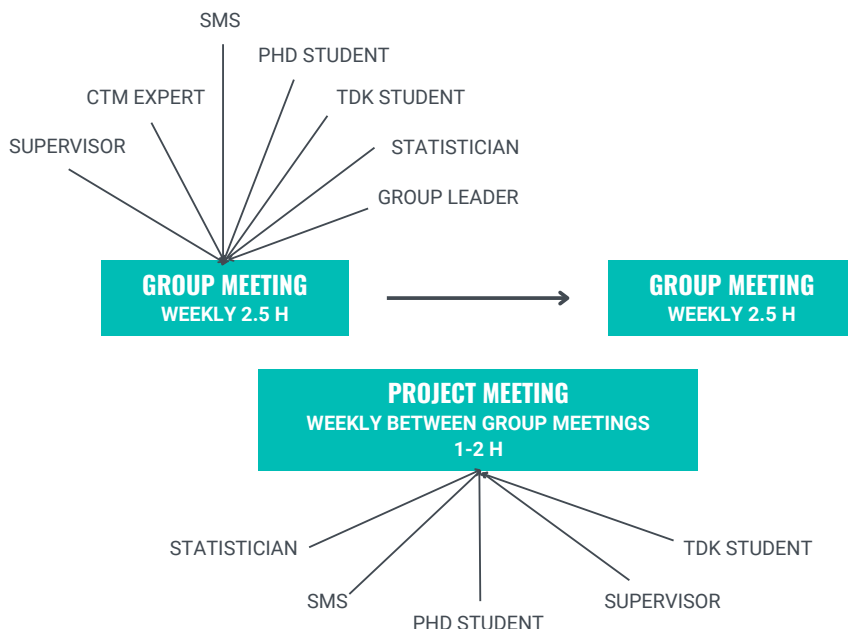
- Participants will be able to understand the concept of the healthcare delivery science as part of the translational medicine cycle
- At the end of the training, participants will learn the main points of setting up a patient registry, initiating a clinical trial, or conducting a comprehensive systematic review with meta-analysis.
- Critically appraise clinical research studies using a systematic approach.
- Define the basic knowledges and skills required in translational research.
- Grow the professional international network of translational researchers.
- PhD degree with high level scientific achievements
- In addition, participants will gain presentation skills, debating skills, language skills, and organizational skills.

# SCHEDULE AND CLASSES

During the training period there will be regular and periodical meetings. The curriculum includes e-learning materials and on-site meetings, while the project discussions are hold in-person meetings and using online platforms as well.

Participants in the **BUILD THE BASICS PROGRAM** will follow the **PHD PROGRAM**'s 1st year schedule.

This year focuses on the project conceptualization and starting the projects necessary for the PhD. For this in the first year we focus on the main methodologies with a weekly basis. First, we organize group meetings for students with similar field of interest, including their supervisor. Second, in the first part of the first-year regular courses are organized, generally with an e-learning followed by a practical course week. The third part of the week is represented by the project meetings, where we focus on particular projects discussed with the project team.



## GROUP MEETINGS

The main structure of the program is represented by the group meetings. Student in the program are grouped according to their scientific fields. Currently we have groups based on the following topics: dentistry, gynecology, urology, cardiology, intensive care medicine, neuropsychiatry, orthopedics&traumatology, pediatrics, gastroenterology, endocrinology, COVID-19 and infectious diseases, pharmacology, and miscellaneous.

Each group includes 7-14 students, their supervisor, and project students, on the other hand the centre allocates 1-2 SMSs, a statistician and an expert discussant to the group.

During the first year, each group has a meeting each week in a pre-specified day and hour for the year. In these meetings each fellow presents his/her progress during the previous week and the group jointly discusses the scientific questions, presentations and the progresses. Starting from the second year, following the same group structure, there are pre-specified monthly meetings with the same purpose.

### **REGISTRY AND CLINICAL TRIAL MEETINGS**

Our very dedicated registry and clinical trial coordinator group organizes periodical meetings, where project groups can present their registry and clinical trial initiation and analysis plans. Each meeting is held periodically, on a pre-specified date, separately for each academic year.

### **PROJECT MEETING**

The individual projects are also weekly managed by small study groups which consist of at least the junior fellow and a senior fellow, the tutor, the biostatistician and, if necessary for the project, an expert specialist. The project meetings are lead by the SMS, dedicated to the project team. The project team contacts the SMS with any research related question, who will ensure the fastest and most accurate guidance. The projects are essentially meta-analyses, patient registries, clinical trials, and basic research projects in which the research fellow is the principal investigator (i.e. first author).

Every student will start with a systematic review and meta-analysis in his/ her research field, which should represent the literature search and the basis of the other projects like clinical trials or prospective patient registries.

### **COURSES**

Our research fellows receive scientific and methodological education which is very intensive in the first year in the frame of weekly courses. A list of the included courses are summarized in Table 1. Most of the courses consist of an e-learning part, followed by an on-site workshop. The courses are held by members of the centre or by invited high qualified lecturers.

Courses are organized three times per week, each day for a different set of groups. During the year we follow the same weekly schedule for the groups. Course attendance is mandatory for the first year students. However, we are continuously developing our learning material. Therefore, it is highly suggested for other years as well to follow our courses. On the other hand, the Translational Medicine PhD training ensures the necessary credits to be able to attend the Complex Exam at the end of the fourth semester.

## COURSES DURING THE FIRST YEAR OF THE PHD PROGRAM

DATE	COURSE/SEMINAR LECTURE
Week of September 4th	E-learning: systematic review and meta-analysis
September 11th	Practice: systematic review and meta-analysis
September 18th	E-learning: patient registries
September 25th	Practice: patient registries
October 2d	E-learning: clinical trials
October 16th	E-learning: biostatistics
October 23th	Practice: biostatistics
October 30st	E-learning: clinical pharmacology
November 6th	Practice: clinical pharmacology
November 13th	E-learning: advanced trial
November 20st	Practice: advanced trial
December 4th	E-learning: Excel training
December 11th	Practice: Excel trainings
January 8th, <b>2024</b>	E-learning: article writing
January 15th	Practice: article writing
January 22rd	Soft skill course part I: self-management
January 29th	Soft skill course part II: assertive communication
February 5th	Soft skill course part III: effective cooperation and team-work
March 12th	Grants, research and developments
March 19th	Bioinformatics
April 9th	Introduction to basic science

## **MOODLE E-LEARNING SYSTEM**

As a major improvement, we have built an e-learning platform that covers all the needs of the PhD training. Moodle serves as a platform for e-learning, group meetings, project meetings, project follow-up, and communication. For communication, we have separate forums for group meetings, project meetings, classes, and a general forum. On the other hand, communication with other colleagues is done using the chat function.

**Website:** [elearning.tm-centre.org/edu](http://elearning.tm-centre.org/edu)

## **SEMINAR LECTURES**

There are a total of 8 seminar lectures planned during each year of the training. For the seminar lectures we plan to invite role model researchers with an outstanding scientific achievement. The list of lecturers will be available at the start of the program. You can see a previous seminar lecture invitation [here](#).

## **PROGRESS REPORTS DURING THE TRAINING**

During the training we will organize audits for the PhD students every 3-months.

During the progress report students will have 8-10-minutes to present their progress followed by an open discussion. For the progress report multiple groups are scheduled for one day, therefore students can have an insight in other projects and practice multidisciplinary discussions. Watch a short summary of a previous Progress Report [here](#).

## **MILESTONES**

The first three months is about the conceptualization of the systematic review. With the help of the group, during the group meeting we aim to find the best research questions. During the first 3-months students should end with the systematic search and selection of the literature.

During the next 3-months we concentrate on the data collection and the results. In this period, we aim to discuss the result of each project on a structured way, therefore at the end of the first 6-months students should be able to present their results of the meta-analysis.

For the meta-analysis, the next 3-months is about the article writing, at the end of this period the manuscript should be ready to be submitted to top journals. On the other hand, in this period the other projects of the students should be discussed. If the student has another systematic review, he/she should be ready with the literature search. If it is a clinical research question or basic research questions, the protocol of the study should be planned.

At the end of the year, with the proper commitment students should have two projects submitted and patient enrollment started if a prospective study is planned. Starting from the 2nd year, there will be a progress report every 6 months, with the same presentation structure.

## **ENGLISH LANGUAGE COURSES – HAVE ADDITIONAL CHARGE**

The training is in English. The scientific English skills of the students are developed by the regular presentations, meetings, and courses. If additional language training is required the centre can provide guidance on it, however, this may have additional charges.

PROGRAM	BUILD THE BASICS	
	Waystage/Threshold	Breakthrough
Goals	A2/B 1 to C1	Zero to C1
Skills to be developed	presentation skills, scientific writing, medical communication, medical terminology, discussion skills, giving instructions, negotiation skills, interpersonal skills, project management skills, event organization skills, international relation skills, intercultural skills	presentation skills, scientific writing, medical communication, medical terminology, discussion skills, giving instructions, negotiation skills, interpersonal skills, project management skills, event organization skills, international relation skills, intercultural skills
Distribution of lessons	<p>Step 1: 13 weeks - (5 x 45 mins per day = 25 x 45 mins per week) intensive general language with focus on basics of academic English</p> <p>Step 2: 21 weeks (14 x 45 mins per week) + Need-Based Skill Development: (6 x 45 mins per week) = 120 x 45 mins</p> <p>Lessons are scheduled for every day: Step 1: 5 x 45 mins per day = 25 x 45 mins per week</p> <p>Step 2: 14 x 45 mins per week + 6 x 45 mins per week (4x45 mins per day)</p>	<p>Step 1: 34 weeks - from Sep to May ,(5 x 45 mins per day = 25 x 45 mins per week) intensive general language with focus on basics of academic English</p> <p>Step 2: 13 weeks - (10 x 45 mins per week) + Need-Based Skill Development (10 x 45 mins per week) = 130 x 45 min</p> <p>Lessons are scheduled for every day - Step 1: 5 x 45 mins per day</p> <p>Step 2: 4 x 90 mins lessons per day</p>
Length of studies	Sep - May 34 weeks	Sep - Aug 47 weeks
Total number of lessons	(300 + 300 + 120) x 45 min classes	(850 + 130 + 130) x 45 min classes
Entry level	A2/B1	Zero
Content	teaching material, audio material, regular assessments, individualized feedback, 2 occasions of tutoring sessions per student per academic year, pronunciation classes held by a native speaker	teaching material, audio material, regular assessments, individualized feedback, 2 occasions of tutoring sessions per student per academic year, pronunciation classes held by a native speaker

## REPORTS DURING THE TRAINING AND MILESTONES

Students will follow the structure of the PhD program, however, for those participating in the **BUILD THE BASICS** program will need to present a successful English language exam at the end of the program.

Changes to the draft program are possible until the start of the course.

## CAREER PATH MODEL

In addition to the methodological learning, our centre gives the possibility to take part in the development of the training and to be active participants of the coordinator team.

**Undergraduate student or Science Methodology LEARNER (SML)** – may take part in the program by joining a research group, by this they will have a granted position to participate in the PhD training and will be listed as co-authors in the given project.

**1st year PhD student or Science Methodology PRACTITIONER (SMP)** – students in their first year focus on learning the methodology and starting their projects, for this the centre provides the coordination, statistical and IT background.

**2nd year PhD student or Science Methodology SUPERVISOR (SMS)** – selected students will be able to join the centre's coordinator team, by this being able to participate in multiple projects and will be employed by the centre.

**3rd year PhD student or Science Methodology ADVISOR (SMA)** – students with substantial commitment to the centre may continue their coordinator role, by this they will be able to participate in multicentric trials and in advanced courses.

**4th year PhD students or Science Methodology EXPERTS (SME)** – only with invitation. This is the ultimate level in the program. These students will be selected as leaders in the centre, they will be able to participate in international trainings, they will be nominated as junior members of Academy of Science.





# APPLICATION

## HOW TO JOIN OUR PROGRAM

CLICK HERE  
OR SCAN THE  
CODE TO APPLY



### TARGET AUDIENCE

Those having a University diploma (in a bicyclical higher education Master - MSc degree), and by students who have enrolled in the final year of a Masters degree at medical, dental, pharmaceutical or other faculties expecting to acquire a MSc diploma no more than six month later.

### TUITION FEES

#### *Program fees*

1. program with no English course: **10000 €** / year
2. program with Threshold English course: **15000 €** / year
3. program with Breakthrough English course **30000€** / year

Application fee: **75 €** / person

in case of group registration larger than 10 participants **750 €** / group

#### *Costs include:*

E-learning materials, IT support, data management, statistical support

#### *Accommodation:*

The centre can provide help with finding your accommodation; however, the program fees do not cover the accommodation costs or any other self-related expenses.

Start of the program: **August 28, 2023**

Duration of the program: **1 year**



## REQUIRED DOCUMENTS

For this course you are required to upload the following documents when applying:

- Motivation Letter
- CV

Registration with proof of registration fee payment must be submitted until **May 26, 2023**.

In case of transfer difficulties electronic certificate is acceptable.

## PAYMENT

You should send the application and course fee to the following bank account:

- *Account holder*: Semmelweis University
- *Account number (IBAN)*: HU51 1176 3842 0088 0888 0000 0000
- *Bank name*: OTP Bank Nyrt.
- *Bank address*: Nádor u. 16., 1051 Budapest, Hungary
- *SWIFT Code (BIC)*: OTPVHUHB

Please put the information stated below into the subject field:

Name, Title of the course, Semmelweis University Centre for Translational Medicine

## IMPORTANT DATES

The interview period will be between **June 12-16, 2023**

Acceptance notification will be sent by **June 30, 2023**

Program fee payment: latest by **July 28, 2023**

## RESPONSIBILITIES OF THE CENTRE

The Centre will provide access to the training materials in case of successful recruitment, but this does not cover the technical requirements for access, in particular a stable internet connection and computer equipment. The application fee covers the costs of the application procedure, and the Centre does not undertake to reimburse the costs of unsuccessful applications. Students who are successfully admitted will be offered a training contract by the Centre. Hungarian law will apply to the application process and the training as a whole.



**APPLY  
TODAY**



## OTHER PROGRAMS OF TM

Now, we offer a one year training. During this year, you will be able to learn advanced scientific English language skills and to learn the basics of TM. Those who pass will automatically be admitted to the **FIRST YEAR PHD** program. Those who are already excellent and have no English language difficulties can apply directly for the **FIRST YEAR PHD** program.



## MORE INFORMATION

Should you need any further information, please do not hesitate to contact us:

[tmk@semmelweis-univ.hu](mailto:tmk@semmelweis-univ.hu)

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**Our website**

