

1. Patient personal details

Insurance number:.....

Name:.....

Date:.....

Visit (number):

Country:

City:

Hospital:

Doctor:

2. Changes in complaints:

Pain: no symptom / no significant change / symptom is over / improvement / worsening

Burning sensation: no symptom / no significant change / symptom is over / improvement /
worsening

Discomfort: no symptom / no significant change / symptom is over / improvement / worsening

Itching sensation: no symptom / no significant change / symptom is over / improvement /
worsening

Dry mouth (xerostomia): no symptom / no significant change / symptom is over /
improvement / worsening

Bad breath (halitosis): no symptom / no significant change / symptom is over / improvement /
worsening

Bad taste sensation: no symptom / no significant change / symptom is over / improvement /
worsening

Bleeding while brushing the teeth: no symptom / no significant change / symptom is over /
improvement / worsening

Difficulty swallowing: no symptom / no significant change / symptom is over / improvement /
worsening

Other new symptom: Yes/no

if yes, specify:.....

symptom severity: mild / moderate / severe

3. Details in medical history / Risk factors**Habits****Have your smoking habits changed since the last visit?** yes / no

if no: still non smoker/ still smoking same amount and type(s)

if yes: complete cessation

reduced amount same type(s) type:..... filtered/unfiltered/N.a

.....amount/day

increased amount same type(s) type:..... filtered/unfiltered/N.a

.....amount/day

changed type or use different type(s) simultaneously type:

filtered/unfiltered/N.a,amount/day

Have your habits related to smokeless tobacco usage change? yes/no

if no: still non consumer/ still consume same amount and type(s)

if yes: complete cessation

reduced amount same type(s) type:.....

;.....occasion/day

increased amount same type(s) type:..... ;

..... occasion/day

changed type or use different type(s) simultaneously type:

..... occasion/day

Have your habit related to alcohol consumption change?:

yes / no

if no: still non consumer/ still consume same amount

if yes: complete cessation

reduced amountg/day

increased amount g/day

Guide for estimation of the amount:*1 dl beer (4.5 vol. %) = ~3.5 g alcohol**1 dl wine (12.5 vol. %) = ~10 g alcohol**1 dl hard drink (50 vol. %) = ~40 g alcohol***Have you changed your habits related to coffee consumption?**

yes/no

if no: still non consumer/ still consume same amount and type(s)

if yes: complete cessation

reduced amount same type(s) type:.....

;.....dose/day

increased amount same type(s) type:..... ;

..... dose /day

changed type or use different type(s) simultaneously type:

..... dose/day

Drug abuse: yes/no *Prescribed medication should not be included here.*

if yes: previously recorded? yes / no

if no: type of drug:.....

amount:.....

for how many years:.....

4. Diseases and medications:

Changes in diseases since previous medical history was taken? yes/no

Changes in medication since previous medical history was taken? yes/no

Cardiovascular diseases

Hypertension: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Arrhythmia: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Atherosclerosis: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Other cardiovascular disease: yes / no

if yes:

specify:.....

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Drugs taken for cardiovascular diseases:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Chronic infectious diseases

HBV: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

HCV: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

HIVs: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

HPV: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Other chronic infectious disease: yes/no

if yes:

specify:.....

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Drugs taken for infectious diseases:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Gastrointestinal diseases

GERD: yes/no

if yes:

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Crohn disease: yes/no

if yes:
previously recorded diagnosis: yes / no,
if no: Date of diagnosis (year):.....

Colitis ulcerosa: yes/no
if yes:
previously recorded diagnosis: yes / no,
if no: Date of diagnosis (year):.....

IBD: yes/no
if yes:
previously recorded diagnosis: yes / no,
if no: Date of diagnosis (year):.....

Gluten intolerance/Coeliac disease: yes/no
if yes:
previously recorded diagnosis: yes / no,
if no: Date of diagnosis (year):.....

Lactose intolerance: yes/no
if yes:
previously recorded diagnosis: yes / no,
if no: Date of diagnosis (year):.....

Other gastrointestinal disease: yes/no
if yes:
specify:.....
previously recorded diagnosis: yes / no,
if no: Date of diagnosis (year):.....

Drugs taken for GIT diseases:
previously recorded medication: yes / no
if no:
Name of medication:.....
active substance:.....
dose: (number only!)
unit: g / mg / IU
if fluid, concentration (e.g. 10%, 1g/2ml, etc.):.....
how many times per day (e.g. 3):
Method of administration: N/A / intravenous / oral / enteral / subcutaneous
other notes:

Endocrinopathy

Diabetes mellitus: yes/no
if yes:
previously recorded diagnosis: yes / no,
if no: Type: I / II / IIIc / MODY

Date of diagnosis (year):.....,

Thyroid disease: yes/no

If Yes:

previously recorded diagnosis: yes / no,

if no: hyperthyroidism/hypothyroidism/other:.....

Date of diagnosis (date: year).....

Other endocrine disease: yes / no

if yes:

specify:.....

previously recorded diagnosis: yes / no,

if no: Date of diagnosis (year):.....

Drugs taken for endocrine diseases:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Neurologic or psychiatric disorder

Epilepsy: yes/no

if yes:

previously recorded diagnosis: yes / no

if no: Date of diagnosis (year):.....

Depression: yes/no

if yes:

previously recorded diagnosis: yes / no

if no: Date of diagnosis (year):.....

Other neurologic or psychiatric disease: yes / no

if yes:

specify:.....

previously recorded diagnosis: yes / no

if no: Date of diagnosis (year):.....

Drugs taken for neurologic or psychiatric diseases:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....
dose: (number only!)
unit: g / mg / IU
if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....
how many times per day (e.g. 3):
Method of administration: N/A / intravenous / oral / enteral / subcutan
other notes:

Respiratory diseases

Asthma: yes/no
if yes:
previously recorded diagnosis: yes / no
if no: Date of diagnosis (year):.....

COPD: yes/no
if yes:
previously recorded diagnosis: yes / no
if no: Date of diagnosis (year):.....

Other respiratory disease: yes / no
if yes:
previously recorded diagnosis: yes / no
if no: Specify:.....
Date of diagnosis (year):.....

Drugs taken for respiratory diseases:
previously recorded medication: yes / no
if no:
Name of medication:.....
active substance:.....
dose: (number only!)
unit: g / mg / IU
if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....
how many times per day (e.g. 3):
Method of administration: N/A / intravenous / oral / enteral / subcutan
other notes:

Malignant diseases

Present malignant disease: yes/no
if yes:
previously recorded diagnosis: yes / no
if no: Type:.....
Date of diagnosis (year):.....

Previous malignant disease: yes/no

if yes:
previously recorded diagnosis: yes / no
if no: Type:.....
Date of diagnosis (year):.....

Have you ever receive chemotherapy? yes / no

if yes:
previously recorded data: yes / no
if no: when:..... occasions:....., active agent:.....

Have you ever receive radiotherapy? yes / no

if yes:
previously recorded data: yes / no
if no: when:....., dose:.....sessions:.....

Have you ever receive immune thereapy? yes / no

if yes:
previously recorded data: yes / no
if no: when:....., active agent:.....

Kidney disease: Yes / No

if yes:
previously recorded diagnosis: yes / no
if no: Type:.....
Date of diagnosis (year):.....

Drugs taken for kidney diseases:

previously recorded medication: yes / no
if no:
Name of medication:.....
active substance:.....
dose: (number only!)
unit: g / mg / IU
if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....
how many times per day (e.g. 3):
Method of administration: N/A / intravenous / oral / enteral / subcutan
other notes:

Bleeding disorder: Yes/No

if yes: specify:.....
previously recorded diagnosis: yes / no
if no: Date of diagnosis (year):.....

Drugs taken for bleeding disorder:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Drugs causing bleeding disorder

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Systemic autoimmune disease Yes/No

if yes: Type:.....

previously recorded diagnosis: yes / no

if no: Date of diagnosis (year):.....

Drugs taken for systemic autoimmune diseases:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Osteoporosis Yes/No

if yes:

previously recorded diagnosis: yes / no

if no: Date of diagnosis (year):.....

Drugs taken for osteoporosis, or affecting skeletal system

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Allergy Yes/No

if yes: for what:.....

previously recorded diagnosis: yes / no

if no: Date of diagnosis (year):.....

Drugs taken for allergy:

previously recorded medication: yes / no

if no:

Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral / subcutan

other notes:

Oral diseases:

recurrent labial herpes: yes/no

if yes:

previously recorded diagnosis: yes / no

recurrent aphtha/ulcers: yes/no

if yes:

previously recorded diagnosis: yes / no

5. Re-evaluation of patient with OPMD:

Extraoral examination:

Lymph nodes: changes compared to previous examination: Y/N if yes where (multiple choice):

submental

B form

submandibular: left/right

upper jugular: left/right

mid jugular: left/right

supraclavicular: left/right

paratracheal

posterior triangle: left/right

Quality of the palpated lymph node(s):

Surface: smooth/ rough

Mobility: mobile/fixed

Sensation: painful/ non painful

Texture: soft/solid

Size:..... mm x..... mm

Intraoral lesion:

Recurrence of previously excised lesion at the same site: Y/N, if yes describe according to first form:

New lesion at previously non affected site: Y/N, if yes describe according to first form:

Localisation:

Bucca: left/right

Hard palate: left/right/both (over the midline)

Soft palate: left/right/both (over the midline)

Gingiva: upper/lower,buccal/oral, edentulous/dentulous,lateral region/
front region

Tongue: dorsal/ventral/lateral side: left/ right

Sublingual and paralingual area:left/ right/ both (over the midline)

Retromolar triangle: left/right

Palatoglossal arch: left/right

Palatopharyngeal arch: left/right

Uvula

Lip: upper/lower/both, left/right/ both (over midline), over vermillion
border: Yes/No, commissure: left/right

Changes in non-excised lesion:

Lesion expansion/ growth in size: Y/N, if yes: new size: total change in size in mm:

Change in colour or pattern: Y/N if yes describe:

Change in shape: Y/N

Change in border: Y/N (from well demarcated to less/not demarcated)

Change in consistency: Y/N if yes describe:

Change in homogeneity: Y/N if yes describe:

Picture of the lesion (regardless of noticed change)

Picture of vital staining if performed: positive/negative

5.Dental status:

performed scaling and polishing Yes/no

improved oral hygiene Yes/no

dental revisions: yes/no

removed amalgam fillings: yes/no If yes: all changed: yes/no

treated caries lesions: Yes/no if yes: all treated: yes/no

Dental foci: positive/negative If positive, lesion:

If dental revision was performed, is it complete: yes/no

/Completed dental revision (no caries lesions with cavitation, no dental foci, no ill-fitting denture/ restoration)/

6. Blood test performed: yes/no,

if yes:

Inflammatory parameters:

We:..... mm/h

CRP:..... mg/l

Cellular components:

Haematocrit:%

Red blood cell:..... millio/ μ l

Thrombocyte number: / μ l

Leukocyte number:...../ μ l

Neutrophilgranulocyte:/ μ l

Lymphocyte:...../ μ l

Red blood cells:

Haemoglobin:.....g/dl

MCV:.....fl

MCH:.....pg

MCHC:.....g/dl

Metabolism:

se-glucose:.....mmol/l

HbA1C:.....%

se-uric acid:..... μ mol/l

se-triglyceride:.....mmol/l

se-cholesterin:.....mmol/l

LDL:.....mmol/l

HDL:.....mmol/l

6. Therapy: yes/no, if yes:

Surgical:

Biopsy: yes/no if yes: incisional/ excisional

Laser ablation: yes/no

other: yes/no if yes describe:.....

Non surgical:

Non surgical:

Prescribed medication: yes/no

if yes:

retinoids: yes/no

if yes: Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral /
subcutan

other notes:

antifungal therapy: local/systemic

if yes: Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral /
subcutan

other notes:

desinfectant: yes/no

if yes: Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral /
subcutan

other notes:

other: yes/no

if yes: Name of medication:.....

active substance:.....

dose: (number only!)

unit: g / mg / IU

if fluid, concentration (e.g. 10%, 1g/2ml, etc.).....

how many times per day (e.g. 3):

Method of administration: N/A / intravenous / oral / enteral /
subcutan

other notes:

8. Complications, adverse events, epicrisis

Complaints adverse effects of prescribed medication:

loss of taste sensation: yes/no

burning sensation: yes/no

other local sensation/symptoms: yes/no

if yes: describe:

diarrhea: yes/no

vomiting: yes/no

other: yes/no

if yes: describe:.....

Death: yes / no

if yes: date:

etiology: oral cancer related /other:.....